



# 2023 Wisconsin Self-Determination Conference

Sponsored by The Wisconsin Board for People with Developmental Disabilities

## Be Curious!

October 16-18, 2023

Kalahari Resort, Wisconsin Dells, WI and Virtually

For more information visit:

[www.WI-SDC.com](http://www.WI-SDC.com)



People First Wisconsin



See Our  Ability

**in  Control**  
Wisconsin



# Two ways to experience the 2023 Self-Determination Conference

## At the Kalahari! In person!

Whether it's your first time or you're a "frequent flier," we would love to see you in person at the conference. You will have access to all conference activities, including online materials and videos.

## Join us Virtually!

Attending virtually is a great option if you cannot come in person.



## Please include *your* email in the registration.

You will get an email on how to access the conference after you register. If you are not familiar with Zoom you can watch a series of information videos to help you participate in the conference.



## Things you need to know about a virtual conference:

- You will need a computer, tablet or smartphone, and internet access.
- You will need to use Zoom.

Technology support is available before and during the conference.



# Registration Information

## To Register, Go to: [www.WI-SDC.com](http://www.WI-SDC.com)



Registration Type	In Person	Virtual
Person with a Disability	\$100 (Early Bird \$85)	\$50
Direct Provider	\$125 (Early Bird \$90)	\$50
Family Member	\$150 (Early Bird \$100)	\$50
Professional/Other	\$375 (Early Bird \$325)	\$150
Pre-Conference Workshop (you must register)	\$50	\$50

**EARLY BIRD REGISTRATION** deadline is August 25, 2023  
Mail-in registrations must be postmarked by August 25, 2023



Scan to go to  
Conference  
Page for Registration!



**Scholarships:** Conference scholarships are limited and available for people whose service plans cannot cover the cost of registration and for first-time conference attendees. You MUST be a Wisconsin resident. Scholarship applications will be accepted until September 1, 2023, or until funds have run out.

- **Adult with a Disability Scholarship: Registration: \$25 | Lodging: \$25**
- **Student Plus One Scholarship: Registration: \$50 | Lodging: \$50**

Everyone attending must register, including support staff and additional family members. On-site registration is not available.

**Registration closes on September 15, 2023.**

**If you have questions or need assistance**

Email: [selfdetermined@incontrolwisconsin.org](mailto:selfdetermined@incontrolwisconsin.org) or call (920) 723-5571

**Hotel Lodging:** For reservations, call (877) 253-5466 and ask for the **2023 Self-Determination Conference room block** or reserve online at [<https://book.passkey.com/e/50526626>]. The Kalahari Resort is holding a block of guest rooms for October 17 and 18, 2023. Room rates are \$169 for single, double, triple, or quad rooms. Visit [www.KalahariResort.com](http://www.KalahariResort.com) for driving instructions and hotel information. **Reserve your room by September 14, 2023 or until the block has been filled. Rooms fill up fast!**

# Be Curious: Explore the Possibilities



## cu·ri·os·i·ty

a strong desire to know or learn something.



When we are curious, we look for new ways to challenge ourselves. Being curious helps us learn new things.

We are excited to create new and unique opportunities for all of us to explore! The Self-Determination Conference is a place to be with others, learn and support each other, and grow together.

What are you curious about?

## Who Should Attend?

Educators

Family Members

Providers

Self-Advocates

Transition-age Students

Advocates

## Session Topics:

Community Connections - Technology - Employment - Mindfulness  
Relationship Building - Diversity, Equity and Inclusion - Advocacy  
Emotional Health - Transition to Adulthood

CEU & CRC Credits will be available at the conference.



University of Wisconsin  
Stevens Point

Provided by: University of Wisconsin  
– Stevens Point



# Monday, October 16, 2023

## Pre-Conference Information

### Preconference Workshops - 1-4 p.m.

#### Session 1 – What's the Buzz about Plain Language? How to communicate clearly: Sometimes less is more.

Learn how to create documents that people can understand. In this interactive, pre-conference session we'll explain plain language and easy read strategies. We'll also explore accessibility of documents and social media. You will leave this session with strategies you can use right away! (\$50)

**Sydney Badeau, Cindy Bentley, Molly Cooney, and Nancy Gapinski**

#### Session 2 – Do it now: Taking your advocacy to the next level!

Are issues like caregiving, special education, and transportation important to you? Attend this pre-conference session and be prepared to make the case on disability issues that affect you or a loved one. You'll meet other advocates and practice talking in small groups about disability issues that matter to you, so you are prepared to share your experiences with your legislators and policy makers. (\$50)

**Sally Flaschberger, Tami Jackson, and Partners in Policymaking graduates**

**Drop in!**

### Self-Determination Conference 101 - 3-5 p.m.

We can answer any questions you have about the conference and help you decide what sessions to go to.

### KICK-OFF - 5-8 p.m.

#### What's All the Buzz About?

Explore new opportunities to build a more Self-Determined life. A fun and interactive way to explore self-direction.



# Tuesday, October 17, 2023

## Building Curiosity, Courage, and Mindfulness

Learning to find healthy connections can have a direct impact on your self-esteem and increase positive and meaningful experiences. All people need support to stretch their curiosity, be more courageous and think more positively about their future. Challenge yourself in this interactive keynote and learn valuable ways to enhance your skills and build your capacity to grow as advocates.

Hear one self-advocate's journey that includes bright moments of curiosity, courage and mindfulness. Alex has a passion for life and supportive people in his life. He will inspire you to think very closely about what it truly means to be Self-Determined and to develop strong Self-Advocacy skills.



**Alex Olsen**

**Brian Kenney**



# Wednesday, October 18, 2023

## Opportunities have changed my life!

## Building Self-Advocacy leadership skills.

What does it take to be a strong self-advocate leader? What kind of training and support do you need? Hear from five self-advocates who have expanded their leadership skills. They will share some of the opportunities that have changed their lives.

**Jordan Anderson**



**Sydney Badeau**



**Felcia Clayborne**



**Kristi Scheunemann**



**Cindy Bentley**



## Day 1: Tuesday, October 17

7:30 am	Registration Opens
8:00 - 9:00 a.m.	Breakfast
9:00 - 10:00 a.m.	General Session 1, - Welcome and Keynote
10:00 - 10:45 a.m.	Networking Break, Exhibitors
10:45 a.m. - 12:15 p.m.	Really Good Learning Sessions
12:15 - 1:30 p.m.	<b>Lunch and Networking Break</b>
1:30 - 2:00 p.m.	Really Good Learning Sessions
2:00 - 2:45 p.m.	Networking Break, Exhibitors
2:45 - 4:30 p.m.	<b>Challenge Center</b>
4:30 - 5:30 p.m.	Break and Hotel Check-in
5:30 p.m.	Dinner & Diehard Awards (6 - 6:30 p.m.)
6:30 - 8:30 p.m.	Join <b>DJ Buffet</b> for a fun night of music, dancing and friendship!



Join an interactive experience, meant to challenge your thinking and encourage This hands-on session will include a variety of interactive activities to build your curiosity and self-esteem. Open your mind to think more positively about yourself and your future



A Diehard is someone with a strong commitment to the principles of self-determination and goes above and beyond what's expected. Do you know a diehard you would like to nominate?  
[Use our QR code to find the nomination form!]



## Day 2: Wednesday, October 18

7:30 - 9:00 a.m.	Breakfast
9:00 - 10:00 a.m.	General Session 2, Keynote: Q&A with our Keynotes
10:00 - 10:45 a.m.	Networking Break, Exhibitors
10:45 a.m. - 12:15 p.m.	Really Good Learning Sessions
12:15 - 1:30 p.m.	Lunch and Networking Break, Exhibitors
1:30 - 3:00 p.m.	Really Good Learning Sessions
3:00 - 3:30 p.m.	Closing & Wrap up Video Really Good Door Prizes!





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Be a part of the BUZZZZZZZZ.....



## Be an Exhibitor!

Are you an organization supporting Self-Determination in Wisconsin?  
Are you a Microbusiness owner interested in selling you arts or crafts?



## Be a Sponsor!

We need your help to build our conference capacity! Visit our website for more information on sponsorship opportunities! [www.wi-sdc.com](http://www.wi-sdc.com) or contact Fil Clissa at [fil.clissa@wisconsin.gov](mailto:fil.clissa@wisconsin.gov) or call (608) 266-5395.



Check out the Self-Determination Channel for helpful hints to improve your conference experience. Check out over 100 fabulous videos, hosted by Wisconsin Self-Advocates. Don't forget to subscribe!

